

中餐任点任吃

03-23

# Buffet Menu

最少3位成人 Min. 3 Adults

# A

桌号 Table No.	
成人 Adult	位 pax
儿童 Child	位 pax

星期一至星期五午餐/晚餐  
Mon to Fri Lunch & Dinner

成人 Adult: **\$35.80+** Per Pax

FIXED PRICE FOR CHILD

儿童定价 Child: **\$16.80 +** / Pax

(Child height from 100cm to 140cm)

Child height below 100cm free of charge

每位另加 \$2.00 中国茶, 湿纸巾与花生费,  
各价格另加现行消费税

Chinese tea, pickles & towel charge

@ \$2.00 per pax

& all prices subjected to Prevailing GST

We serve small portion for 3 -6 persons

Large portion for 7-10 persons

我们将根据您的人数决定菜肴的份量  
提供小份给3至6人份/大份给7至10人

备货有限, 卖完为止

WHILE STOCK LAST

本公司保留权利随时更改菜单与价钱以及任何促销条例

We reserved the right to make any Changes including change in price,  
content, terms, at any time without prior notice.



万兴@文庆

**BAN HENG @ Boon Keng**

Blk 22 Boon Keng Rd

#01-21 Singapore 330022

Tel: 6291 0407 / 6298 5285

Website: www.banheng.com.sg

星期六, 星期天与公假午餐与晚餐  
Sat /Sun /PHs Lunch & Dinner

成人 Adult: **\$39.80+** Per Pax

公假前夕午餐与晚餐

Eve of PHs Lunch & Dinner

成人 Adult: **\$39.80+** Per Pax

## 买3送1

每3位成人消费, 第4位将享有免费

## Buy 3 get 1 free

Enjoy 1 dines FREE with every 3 paying adults

营业时间 Business Hours:

午餐 Lunch : 11.30am - 3.00pm

最后点菜 Last dish order by 2.30 pm

晚餐 Dinner: 6.00pm - 10.30pm

最后点菜 Last dish order by 9.30 pm

请勿浪费食物, 剩余食物将会按每100克 \$5.00+, 点心与酥炸小食每件 \$1.00+ 另收费  
Wastage of food will be charged \$5.00+ per 100gm, Dim Sum & Crispy Snacks \$1.00+/piece  
自助餐所有食品只限堂食, 不可打包 All buffet food is for dine-in only, not for take-away

Hong Kong Dim Sum	香港点心	1st Order	2nd Order	3rd Order
01 Steamed Shrimp Dumpling (4 pcs)	龙皇鲜虾饺 (4件)			
02 Steamed Siew Mai with Crab Roes(4 pcs)	蟹皇蒸烧卖 (4件)			
03 Steamed Pork Ribs with Black Bean	豉汁蒸排骨 (1碟)			
04 Steamed Chive Dumpling with Shrimp(4p)	潮州韭菜水晶球 (4件)			
05 Shang Hai Xiao Long Bao (4 pcs)	原味上海小笼包 (4件)			
06 Bak Kut Teh Xiao Long Bao (4 pcs)	肉骨茶小笼包 (4件)			
07 Steamed Char Siew Buns (3 pcs)	蜜汁叉烧包 (3件)			
08 Bamboo Charcoal Musang Liu Sha Bun/3pcs	竹炭猫山王流沙包3件			
09 Steamed Sponge Cake in HK Style (4pc)	港式蒸马拉糕 (4件)			
10 Fried Shrimp Bean Curd Roll (4 pcs)	鲜虾腐皮卷 (4件)			
11 Deep-fried Mango Shrimp Roll (4 pcs)	香芒炸虾筒 (4件)			
12 Deep-fried Banana Tempura (4 pcs)	酥炸香蕉天妇罗 (4件)			
13 Deep-fried Carrot Cakes (4 pcs)	香煎萝卜糕 (4件)			
Appetizers 开胃冷菜				
14 Century Egg with Ginger	姜片皮蛋			
15 Jelly Fish with Thai Sauce	泰式海蜇			
16 Fruits with Prawns Salad	沙律明虾			
17 Sliced Smoke Duck Meat	烟熏鸭片			
Crispy Snacks 酥炸小食				
18 Crispy Bean Curd Skin	香脆烤素方			
19 Salted Egg Yolk Fish Skin	旦黄香脆鱼皮			
20 Deep-fried Bun (By Pc.)	黄金炸馒头 (以粒计)			
21 Deep-fried Durian Ball (By Pc.)	酥炸榴莲球 (以粒计)			
22 Fried Seafood Roll (By Pc.)	潮式海鲜卷 (以粒计)			
23 Deep Fried Chicken Wing (By Pc.)	香酥炸鸡翅 (以只计)			

请勿浪费食物, 剩余食物将会按每100克 \$5.00+, 点心与酥炸小食每件\$1.00+ 另收费  
Wastage of food will be charged \$5.00+ per 100gm , Dim Sum & Crispy Snacks \$1.00+ / piece

自助餐所有食品只限堂食, 不可打包 All buffet food is for dine-in only, not for take-away

Soup (Min. for 3 persons)	汤羹类 (最少3位)	1st Order	2nd Order	3rd Order
24 Szechuan Hot & Sour Soup (Min. for 3 pax)	四川酸辣羹			
25 Crab Meat Sweet Corn Soup (Min. for 3 pax)	蟹肉粟米羹			
26 Shark's Fin Soup with Crabmeat & Dried Scallop (One serving per diner only)	干贝蟹肉鱼翅 (每人只限点一次)			
Poultry & Meat	家禽、肉类			
27 Fried Chicken Dices with Dry Chili	宫保鸡丁			
28 Chicken Chop with Special Green Apple Sauce	苹果酱鸡扒			
29 Wok fried Mongolian Pork Ribs	蒙古排骨			
30 Wok-fried Pork Ribs with Coffee Sauce	咖啡排骨			
31 Sweet & Sour Pork with Pineapple	酸甜咕咾肉			
32 Fried Venison with Ginger & Spring Onions	姜葱爆鹿肉			
33 Braised Duck Meat in Teo Chew Style	潮州卤鸭片			
Seafood	海产类			
34 Steamed Patin Fish w/ Homemade Special Sauce	秘汁蒸巴汀鱼			
35 Steamed Sea Bass in Hong Kong Style	港式蒸金目卢			
36 Deep-fried Tilapia with Spicy Lemon Grass Sauce	酸辣酱炸红鱼			
37 Deep-fried Fish Fillet with Thousand Island Sauce	千岛酱炸鱼柳			
38 Sweet & Sour Fish Fillets	西湖酸甜鱼片			
39 Fried Prawns with Egg Yolk & Lemon Sauce	西柠汁奶香虾			
40 Fried Prawns with Cereal	麦片香虾			
41 Poached Live Prawns	白灼活虾			
42 Deep Fried Prawn with Wasabi Mayo	日式芥末虾球			
43 Wok-fried Mussels with Spicy Bean Sauce	豉椒炒青口			
44 Sautéed Lala in Hong Kong Typhoon Style	避风塘炒啦啦			

Tofu & Vegetables	豆腐、蔬菜	1st Order	2nd Order	3rd Order			
45 Mapo Tofu	麻婆豆腐						
46 Hot Plate Tofu	铁板豆腐						
47 Fried Kang Kong with Sambal Sauce	马来风光						
48 Stir-fried Ceylon Spinach with Sambal Sauce	三峇帝皇苗						
49 Sautéed Long Bean with Dried Chilli Minced Pork	干煸肉碎长豆						
50 Fried Baby Kai-Lan with Oyster Sauce	蚝油小芥兰						
51 Fried Lettuce with Garlic	蒜蓉生菜						
52 Stewed Assorted "Luohan" Vegetables	罗汉上素						
Rice / Noodles	饭/面类						
53 Wok-Fried Hor Fun	干炒河粉						
54 Braised Ee Fu Noodles	干烧伊府面						
55 Fried Mian Xian in Homemade Style	家乡炒面线						
56 Fried Rice with Crab Meat and Egg	蟹肉蛋炒饭						
Dessert	甜品						
57 Chilled Grass Jelly with Longan	冻仙草龙眼						
58 Chilled Sago Cream with Honeydew	蜜瓜西米露						
59 Red Bean Paste with Lotus Seeds	莲子红豆沙						
60 Sweetened Yam Paste with Gingko Nuts	白果芋泥						
Special Dessert (Below dessert one serving per diner only)	特备甜品 (每位只限点一次)						
61 Kong Cha Bubble Tea	珍珠奶茶			桌号 Table No			
62 Soya Bean Pudding	老婆豆花						
63 Homemade Osmanthus Flower Jelly	清凉桂花糕						
64 French Cheese Cake	法国芝士蛋糕						
65 Italian Gelato	意大利冰淇淋						
French Vanilla A香草		Dark Chocolate B黑朱古力		Mango Lassi C芒果		White Chocolate Raspberry D覆盆子	

# 中餐任点任吃 Buffet Menu

03-23

最少3位成人 Min. 3 Adults

星期一至星期五午餐/晚餐  
Mon to Fri Lunch & Dinner

成人 Adult: \$42.80+ Per Pax

FIXED PRICE FOR CHILD

儿童定价 Child: \$16.80 + / Pax

(Child height from 100cm to 140cm)

Child height below 100cm free of charge

每位另加 \$2.00 中国茶, 湿纸巾与花生费,  
各价格另加现行消费税

Chinese tea, pickles & towel charge

@ \$2.00 per pax

& all prices subjected to Prevailing GST

We serve small portion for 3 -6 persons,

Large portion for 7-10 persons

我们将根据您的人数决定菜肴的份量

提供小份给3至6人份/大份给7至10人

备货有限, 卖完为止 WHILE STOCK LAST



万兴@文庆

BAN HENG @ Boon Keng

Blk 22 Boon Keng Rd #01-21 Singapore 330022

Tel: 6291 0407 / 6298 5285

Website: www.banheng.com.sg

Ban Heng Group of Restaurants

# B

桌号  
Table No.

成人  
Adult 位  
pax

儿童  
Child 位  
pax

星期六, 星期天与公假午餐与晚餐  
Sat /Sun /PHs Lunch & Dinner

成人 Adult: \$46.80+ Per Pax

公假前夕午餐与晚餐  
Eve of PHs Lunch & Dinner

成人 Adult: \$46.80+ Per Pax

## 买3送1

每3位成人消费, 第4位将享有免费

## Buy 3 get 1 free

Enjoy 1 dines FREE with every 3 paying adults

本公司保留权利随时更改菜单与价钱以及任何促销条例  
We reserved the right to make any Changes including change in price, content, terms, at any time without prior notice.

营业时间 Business Hours:

午餐 Lunch : 11.30am - 3.00pm

最后点菜 Last dish order by 2.30 pm

晚餐 Dinner: 6.00pm - 10.30pm

最后点菜 Last dish order by 9.30 pm

CHEF'S RECOMMENDATION (One serving per diner only)	厨师精选 (每位只限点一次)
B1 Mini Buddha Jump Over The Wall	迷你佛跳墙
B2 Chilli Crab or Black Pepper Crab (Choose one flavour only)	辣椒螃蟹 / 黑椒螃蟹
B3 Deep Fried Soon Hock or Steamed Cod Fish w/ Garlic	油浸笋壳 / 金银蒜蒸鳕鱼
B4 Poached Live Prawns w/ Chinese Herbs & Cordyceps	虫草滋补药膳活虾
B5 Sautéed Scallop with Broccoli in XO Sauce	XO带子西兰花
B6 Chicken Satay served with Cucumber & Onion	鸡肉沙爹
B7 Deep-fried Homemade Durian Roll	自制酥炸榴莲卷
B8 Double-boiled Bird Nest with Peach Gum (Last Serving)	桃胶炖雪燕 (最后享用)

请勿浪费食物, 剩余食物将会按每100克 \$5.00+, 点心与酥炸小食每件\$1.00+ 另收费  
Wastage of food will be charged \$5.00+ per 100gm, Dim Sum & Crispy Snacks \$1.00+ / piece  
自助餐所有食品只限堂食, 不可打包 All buffet food is for dine-in only, not for take-away

Hong Kong Dim Sum	香港点心	1st Order	2nd Order	3rd Order
01 Steamed Shrimp Dumpling (4 pcs)	龙皇鲜虾饺 (4件)			
02 Steamed Siew Mai with Crab Roes(4 pcs)	蟹皇蒸烧卖 (4件)			
03 Steamed Pork Ribs with Black Bean	豉汁蒸排骨 (1碟)			
04 Steamed Chive Dumpling w/ Shrimp/4pcs	潮州韭菜水晶球 (4件)			
05 Shang Hai Xiao Long Bao (4 pcs)	原味上海小笼包 (4件)			
06 Bak Kut Teh Xiao Long Bao (4 pcs)	肉骨茶小笼包 (4件)			
07 Steamed Char Siew Buns (3 pcs)	蜜汁叉烧包 (3件)			
08 Bamboo Charcoal Musang Liu Sha Bun/3pcs	竹炭猫山王流沙包3件			
09 Steamed Sponge Cake in HK Style(4pcs)	港式蒸马拉糕 (4件)			
10 Fried Shrimp Bean Curd Roll (4 pcs)	鲜虾腐皮卷 (4件)			
11 Deep-fried Mango Shrimp Roll (4 pcs)	香芒炸虾筒 (4件)			
12 Deep-fried Banana Tempura (4 pcs)	酥炸香蕉天妇罗(4件)			
13 Deep-fried Carrot Cakes (4 pcs)	香煎萝卜糕 (4件)			
Appetizers		开胃冷菜		
14 Century Egg with Ginger	姜片皮蛋			
15 Jelly Fish with Thai Sauce	泰式海蜇			
16 Fruits with Prawns Salad	沙律明虾			
17 Sliced Smoke Duck Meat	烟熏鸭片			
Crispy Snacks		酥炸小食		
18 Crispy Bean Curd Skin	香脆烤素方			
19 Salted Egg Yolk Fish Skin	旦黄香脆鱼皮			
20 Deep-fried Bun (By Pc.)	黄金炸馒头 (以粒计)			
21 Deep-fried Durian Ball (By Pc.)	酥炸榴莲球 (以粒计)			
22 Fried Seafood Roll (By Pc.)	潮式海鲜卷 (以粒计)			
23 Deep Fried Chicken Wing (By Pc.)	香酥炸鸡翅 (以只计)			

请勿浪费食物,剩余食物将会按每100克 \$5.00+, 点心与酥炸小食每件\$1.00+ 另收费  
Wastage of food will be charged \$5.00+ per 100gm , Dim Sum & Crispy Snacks \$1.00+ / piece

自助餐所有食品只限堂食, 不可打包 All buffet food is for dine-in only, not for take-away

Soup (Min. for 3 persons)	汤羹类 (最少3位)	1st Order	2nd Order	3rd Order
24 Szechuan Hot & Sour Soup (Min. for 3 pax)	四川酸辣羹			
25 Crab Meat Sweet Corn Soup (Min. for 3 pax)	蟹肉粟米羹			
26 Shark's Fin Soup with Crabmeat & Dried Scallop (One serving per diner only)	干贝蟹肉鱼翅 (每人只限点一次)			
Poultry & Meat	家禽、肉类			
27 Fried Chicken Dices with Dry Chili	宫保鸡丁			
28 Chicken Chop with Special Green Apple Sauce	苹果酱鸡扒			
29 Wok fried Mongolian Pork Ribs	蒙古排骨			
30 Wok-fried Pork Ribs with Coffee Sauce	咖啡排骨			
31 Sweet & Sour Pork with Pineapple	酸甜咕咾肉			
32 Fried Venison with Ginger & Spring Onions	姜葱爆鹿肉			
33 Braised Duck Meat in Teo Chew Style	潮州卤鸭片			
Seafood	海产类			
34 Steamed Patin Fish w/ Homemade Special Sauce	秘汁蒸巴汀鱼			
35 Steamed Sea Bass in Hong Kong Style	港式蒸金目卢			
36 Deep-fried Tilapia with Spicy Lemon Grass Sauce	酸辣酱炸红鱼			
37 Deep-fried Fish Fillet with Thousand Island Sauce	千岛酱炸鱼柳			
38 Sweet & Sour Fish Fillets	西湖酸甜鱼片			
39 Fried Prawns with Egg Yolk & Lemon Sauce	西柠汁奶香虾			
40 Fried Prawns with Cereal	麦片香虾			
41 Poached Live Prawns	白灼活虾			
42 Deep Fried Prawn with Wasabi Mayo	日式芥末虾球			
43 Wok-fried Mussels with Spicy Bean Sauce	豉椒炒青口			
44 Sautéed Lala in Hong Kong Typhoon Style	避风塘炒啦啦			

Tofu & Vegetables	豆腐、蔬菜	1st Order	2nd Order	3rd Order
45 Mapo Tofu	麻婆豆腐			
46 Hot Plate Tofu	铁板豆腐			
47 Fried Kang Kong with Sambal Sauce	马来风光			
48 Stir-fried Ceylon Spinach with Sambal Sauce	三峇帝皇苗			
49 Sautéed Long Bean with Dried Chilli Minced Pork	干煸肉碎长豆			
50 Fried Baby Kai-Lan with Oyster Sauce	蚝油小芥兰			
51 Fried Lettuce with Garlic	蒜蓉生菜			
52 Stewed Assorted "Luohan" Vegetables	罗汉上素			
Rice / Noodles	饭/面类			
53 Wok-Fried Hor Fun	干炒河粉			
54 Braised Ee Fu Noodles	干烧伊府面			
55 Fried Mian Xian in Homemade Style	家乡炒面线			
56 Fried Rice with Crab Meat and Egg	蟹肉蛋炒饭			
Dessert	甜品			
57 Chilled Grass Jelly with Longan	冻仙草龙眼			
58 Chilled Sago Cream with Honeydew	蜜瓜西米露			
59 Red Bean Paste with Lotus Seeds	莲子红豆沙			
60 Sweetened Yam Paste with Gingko Nuts	白果芋泥			
Special Dessert (Below dessert one serving per diner only)	特备甜品 (每位只限点一次)	B8 桃胶炖雪燕 Double-boiled Bird Nest with Peach Gum		
61 Kong Cha Bubble Tea	珍珠奶茶		桌号 Table No	
62 Soya Bean Pudding	老婆豆花			
63 Homemade Osmanthus Flower Jelly	清凉桂花糕			
64 French Cheese Cake	法国芝士蛋糕			
65 Italian Gelato	意大利冰淇淋			
French Vanilla A香草		Dark Chocolate B黑朱古力		Mango Lassi C芒果
				White Chocolate Raspberry D覆盆子